## Come along to our brand new

## Carers Wellbeing Café

A great opportunity to meet other carers and get information and advice to support you in your caring role



At the Light House Media Centre, The Chubb Buildings, Fryer Street, Wolverhampton, WV1 1HT

Starting in January 2019 the café will be held on Monday's from 10am to 11.30am on the following dates:

7 January - 11 February 11 March - 8 April 13 May - 10 June

For more information contact Urmila Patel on 01902 554027. Follow us on Twitter @WolvesCarers

CITY of WOLVERHAMPTON C O U N C I L