

Newbridge Surgery Newsletter

September 2018

Celebrating 70 Years of the NHS

The National Health Service is turning 70 this year. Join us at our tea party to celebrate the achievements of one of the nation's most loved institutions, on Friday 14 September 2018 at 2.00pm at Newbridge Surgery.

Flu Clinics

We are now booking appointments for the flu clinics. You are at greater risk from the effects of seasonal flu if you are aged 65 and over, are living in a residential or nursing home, are the main carer of an older or disabled person, are pregnant, and those with some chronic conditions. If you are eligible for a flu vaccine, please contact the surgery to book your appointment.



Newbridge Surgery has been successful in obtaining a grant towards the surgery improvements and extension, and works will begin on 24 September 2018. Initially the lawn and hedge at the front are being removed and portable offices erected for the consulting rooms, as the current consulting rooms will be reconfigured during the improvement works, and an additional floor will be built above them. The entrance to the surgery will move to the front of the building as access to the side and rear of the building will be blocked off from public access during the building works. Please note that there will be limited parking during this period.



Patient Group

We would encourage you to come along to one of our patient group meetings to hear and contribute, you can make a difference. Please contact the surgery if you are interested in joining the group. The next meeting is on Thursday 20 September 2018 at 5.30pm at the surgery

Sound Doctor – New Free Resource to Patients Registered with a Wolverhampton GP

The Sound Doctor – World Class Patient Education Films: The Sound Doctor produces high quality films online about a number of medical conditions. All the films are short, informative and interesting. They will help you understand more about your condition and how to look after yourself better. Please contact reception for the surgery unique link to access these films.

7 Day Opening – appointments available to you 7 days a week, across Wolverhampton Total Health practices.

Please see Wolverhampton Total Health website at www.wolverhamptontotalhealth.co.uk for extended opening hours across the practices for appointments available to you and directions to the practices. Appointments are bookable in advance through Newbridge Surgery or on the day during the opening times for the extended hours with the surgery that is open.

NHS Health Checks

Everyone between the ages of 40 and 74 who has not been diagnosed with the conditions mentioned below is eligible for a free health check.

Even though you might be feeling great, if you're over forty you may be at risk of heart disease, stroke, kidney disease, diabetes or dementia. A FREE NHS Health Check can help you reduce these risks and make sure that you stay healthy. You can find more information at www.nhs.uk/nhshealthcheck or contact the surgery.

Care Navigation

Our reception team is instructed by the GPs to ask you for the nature of your problem to establish who best to book you with or to re-direct you. It is part of a National Programme called Care Navigation.

Care navigation is a person-centred approach that uses signposting and information to help Primary Care patients and their carers move through the health and social care system, as smoothly as possible. It enables frontline staff to provide patients with more information about local health and wellbeing services, both within and outside of primary care, in a safe, effective way.

This is a tried and tested model of care that has been tailored to local needs and services to improve access to Primary Care services for patients and reduce GP pressures all in one.

Please visit the practice website for practice information and useful self-help and support information <http://www.newbridgesurgerywolverhampton.nhs.uk>