




Boloh

The Black, Asian and Minority Ethnic family Covid-19 Helpline and webchat

If you have been affected by the pandemic, are concerned about school, lost a loved one or need someone to talk to, you can contact one of our specialist support advisors today.

If you're not sure if we can help, it's okay to give us a call for free on

0800 1512 605

Or talk to us on our webchat by visiting helpline.barnardos.org.uk and click on the icon on the bottom right 

To find out more information visit helpline.barnardos.org.uk

You can tell us about yourself and, if we can't help you, we'll find someone who can. Our staff can talk to you in English, Urdu or Hindi.

You can call us between
Monday and Friday 10am – 8pm
Saturday and Sunday 10am – 3pm

We can usually help if:

- you are over the age of 11
- you are from Black and Asian communities

**Believe in
children**
 **Barnardo's**



Boloh

**We are here to help children,
young people and families affected
by Covid-19 from Black, Asian and
Minority Ethnic communities.**

Helpline

You can call us for free on

0800 1512 605

to speak to a friendly person in
our team, and we'll help you figure
things out.

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Saturday and Sunday 10am – 3pm

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Webchat

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