



Wolverhampton Walking for Health

Ashmore Park Meet at the Hub, Griffiths Drive, Ashmore Park, Wednesfield, WV11 2LH. A choice of two walk options, a short and a long walk. Country field walk in the summer. Tuesdays 10:30am	Bantock Park Meet outside the Tea Rooms in Bantock Park, WV3 9LQ. It can be muddy on the grass. Tuesdays 10:30am & Saturday 2:30am	Boundary Park Meet in the Timber Hut along the track in the Boundary Way Allotments (next to Highfields School), WV 4NZ. Please park cars outside the Allotment Grounds. Fridays 10:30am
Coalway Road Meet at Dr Manley's surgery, 119 Coalway Road, Penn. Please use rear entrance to the surgery where there are toilet facilities. Thursdays 10:30am	Dixon Street Meet at Kent Road Entrance of the park, WV2 2BA. Circuit walking in the park. Tuesdays & Thursdays 10:30am	Heath Town Meet at Holy Trinity Church Hall, Bushbury Road, Heath Town, WV10 0LY, varied local and interesting walks with a monthly longer walk of up to 90 minutes on the 2 nd and 5 th Thursday of the month. Thursdays 10:00am
Himley and Baggeridge Meet at Golf Club Café, Himley Hall Park, Himley, DY3 4DF. Strong shoes/boots recommended. Car Park charges apply. 256 Bus to Himley House Hotel, 5-minute walk to café. Every 1st Sunday of the month 10:30am	Pendeford Meet at Oasis Community Café, Whitburn Close, Pendeford, WV9 4NR. A walk on lanes and canal towpaths. Can be muddy. Fridays 10:30am	Perton Meet on the Civic Centre Car Park, next to Sainsbury's Petrol Station, Church Road, Perton, WV6 7PD. Can be muddy at times. Strong shoes/boots recommended. 4th Tuesday of the month & Last Sunday of the month 10:30am
Phoenix Park Meet at the Children's Play Area on park, WV2 3JY. Circuit walking around the park. Mondays, Wednesdays & Fridays 9:00am	Springvale Park Meet at the Car Park at end of Ettingshall Park Farm Lane, off Fieldhouse Road, off Dovedale Road, WV4 6SP. Lovely walk in the Park. Tuesdays 10:00am	West Park Meet in the Shelter at Devon Road Entrance of West Park, WV1 4PJ. Circuit walking in the park. Mondays, Tuesdays, Wednesdays, Thursday & Fridays 10:15am
West Park Sundays Meet at Tea Rooms for a walk around our beautiful Victorian Park. Sundays 10:30am		

Please contact Angie for further information on
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